

hoe_math

RECOMMENDED READING

DEVELOPMENTAL PSYCHOLOGY (LEVELS)

Ken Wilber

- A Theory of Everything
- A Brief History of Everything
- Integral Spirituality
- Integral Psychology
- Up from Eden

Suzanne Cook-Greuter

- Ego Development: Nine Levels of Increasing Embrace

Robert Kegan

- In Over Our Heads

Beck, Cowan, Graves

- Spiral Dynamics

Kazimierz Dąbrowski

- Positive Disintegration

EMOTIONAL + SHADOW WORK

Eugene Gendlin

- Focusing

Keila Shaheen

- The Shadow Work Journal

Matthew Michletti, Ashley Cottrell

- The Inner Work
- The Inner Work of Relationships

MASCULINITY

Mark Manson

- Models: Attract Women Through Honesty

Robert Moore, Douglas Gillette

- King, Warrior, Magician, Lover

PERSUASION

Scott Adams

- Win Bigly

PHILOSOPHY

Albert Camus

- The Stranger

Arthur Schopenhauer

Friedrich Nietzsche

- Beyond Good and Evil

Julius Evola

- Ride the Tiger

Immanuel Kant

- Critique of Pure Reason
- Fundamental Principles of the Metaphysics of Morals

Seneca

- On the Shortness of Life

SOCIAL SKILLS

Robert Greene

- The 48 Laws of Power

Niccolo Machivelli

- The Prince

Dale Carnegie

- How To Win Friends and Influence People

Anton LaVey

- The Satanic Witch

PSYCHOLOGY

Alex Korb

- The Upward Spiral: Using Neuroscience to Reverse the Course of Depression

Joe Navarro

- What Every Body is Saying

Kibeom Lee, Michael Ashton

- The H-Factor of Personality

SOCIETY

Aaron Clarey

- A World Without Men

Aristophanes

- Assemblywomen

J.D. Unwin

- Sex and Culture
 - *(This explains my reasoning behind my video "[Stuck](#)")*

SPIRITUALITY

Thich Nhat Hanh

- The Heart of the Buddha's Teaching

Julius Evola

- Mystery of the Grail
- Introduction to Magic

Gareth Knight

- A Practical Guide to Qabalistic Symbolism

God

- The Bible
 - (especially [Proverbs 21:9](#))