

This is a magical document. It is a very powerful energy transmuting spell. Each time it is destroyed, a transmutation occurs. May it be used consciously for maximum cosmic benefit. May it be used consciously for the betterment and healing of the human being. May it be used under the divine guidance of Archangel Michael to defeat the dragon.

This document represents my attachment to male pornography and all other types of pornography. Every time I destroy this document, I am destroying my taste for pornography, and I am transforming myself into someone who is absolutely incapable of enjoying in any way viewing pornography of any kind. This document represents all the neural pathways that have been created that facilitate my consumption of pornography. When it is destroyed, I am transformed into someone who is incapable of masturbating to any kind of pornographic material. Masturbation becomes alien to me with each deletion of the document. This document also represents my attachment to masturbation and my fear of human contact. Each time I destroy this document my attachment and my taste for masturbation crumble until it collapses and evaporates to the point of my total rejection of this practice. Each time I destroy this document, my attachment to and taste for masturbation and pornography, male and otherwise, is alchemically transmuted into discipline, love of work and perseverance. Each time I destroy this document, my fear of human contact disappears, and is replaced by an enormous enthusiasm for intimately knowing and understanding other human beings. Each time I destroy this document, my trust in myself, and in the divinity of the Universe and its continued support, grows exponentially; I find my way back to the spirit and the depths of my soul. Each time I destroy this document, my desire to work with discipline each day grows exponentially, and so does my motivation, my passion and my connection to the deepest part of my Self. This document also represents my fear and dislike of men and masculine energy, and my rejection of men and masculine energy. Each time I destroy this document, my fear of men is alchemically transmuted into masculine security, love and confidence. Each time I destroy this document, my fear of showing myself as I am is alchemically transmuted into loving light that creates the space for the essence of who I Am deep within to reveal and blossom, supported, sustained and enveloped by the vibration of the Divine Masculine. Every time I destroy this document, laziness, idleness and boredom are alchemically transformed into the desire to be guided by Archangel Michael, and the desire to align myself with him and through him with the Christ Self, Christ Jesus, the Saviour of Humanity, Sublime King of our planetary system, Radiant Sun, and this desire grows exponentially with each destruction of this document.

Thank you, thank you, thank you.

Signed, body, soul and spirit:

Your full name.